

Multipurpose Room Schedule
 Fall 2009
 Monday - Friday music
 MUST be kept at a LOW volume.

Updated 11/18/2009

Time/Day	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-8:00am	Kneller Closed						Kneller Closed
8:00-9:00am				Yogilates 8-9am			
9:00-10:00am							
10:00-11:00am		KICK-BOXING 10AM-11:30AM		STRENGTH/TONING 10:15-11:15AM		STRENGTH & TONING 10AM-11:30AM	
11:00-12:00noon							
12:00-1:00pm	DANCE SOCIETY	HIP-HOP COLLABO	PILATES 12-1pm	TAI CHI 12-1pm	PILATES 12-1pm	MEDITERRANEAN DANCE 12-1PM	
1:00-2:00pm	12-6 P.M.	12-5 P.M.	SALSA & LATIN DANCE	HIP HOP COLLABO	BALLROOM DANCE		
2:00-3:00pm	↓	↓	1-5PM	1-4PM	1-5PM		
3:00-4:00pm	↓	↓	↓	↓	↓	HIP HOP COLLABO	
4:00-5:00pm	↓	↓	↓	PILATES	↓	3-7 PM	
5:00-6:00pm	↓	VARIANT	DANCE SOCIETY	4:30-5:30 P.M.	DANCE SOCIETY	↓	
6:00-7:00pm	INDIAN DANCE 6-8PM	DANCE TROUPE	5-7pm	DANCE SOCIETY	5-7pm	↓	
7:00-8:00pm	↓	5-10 PM.	KARATE	6-10 P.M.	KARATE		
8:00-9:00pm	OPEN DANCE	↓	7-9pm	↓	7-9pm	Kneller Closed	Kneller Closed
9:00-10:00pm	8-10 PM	↓	BALLROOM DANCE 9-10PM	↓	BALLROOM DANCE 9-10PM	Kneller Closed	Kneller Closed