



2006 Women's Soccer Preseason Newsletter

2006 SEASON OUTLOOK

Under the direction of Head Coach Joe Brady, the Clark University women's soccer team has established itself as a legitimate contender in the New England Women's and Men's Athletic Conference (NEWMAC) and the New England region. After reaching its first-ever ECAC Championship last season, and posting the most wins (12) and best finish (3rd) in the conference since 1999, the Cougars have even greater expectations this fall. Returning 16 letter-winners and nine starters, including six seniors, from last year's 12-8-1 (5-3-1 NEWMAC) team, the Cougars are ready to strap on their cleats and make some noise in the highly competitive conference.

Led by NEWMAC all-star *Lindsay Sylvester* (3-5-11), the Cougars return a myriad of talent at midfield. Sylvester, a tri-captain, who also received third-team All-NEWISA and NSCAA honors, will likely be paired up with former sophomore transfer *Julia Rizzo* at center midfield. Junior *Amanda Ramos* (3-1-7) and sophomore *Maria Arabatzis* (2-2-6) will make a formidable pair on the outside, while returnees *Sheri Brick*, *Heather Winn* and *Kathleen O'Connell* will give the Cougars valuable minutes off the bench. Converted goalkeeper *Minta Trivette* and top recruits *Lorna Lunney* and *Kerri Moy* will also be in contention for playing time.

Clark appears to have ample weapons up front, where they welcome back the tandem of NEWMAC all-star *Liz Adamcik* (11-1-23) and sophomore standout *Kari Mruz*. Adamcik finished the season ranked seventh on the Cougar all-time scoring list with 41 points on 20 goals and an assist, while Mruz is poised to have a breakout year. Promising freshman *Jess Mirkin* will give Coach Brady another option up front.

The Cougars return a back-line that remains intact. Tri-captains *Amy Wilson* and *Melissa Ambrose* will anchor Clark's defensive unit from the center back positions. They will be joined by *Deena Zakim* and *Jen Dineen*. Senior *Stephanie Holmes*, returning from a year off, will also contribute. Seniors *Thea Link* and *Nolizwe Nondabula* will split time in goal for the Cougars.

2006 SCHEDULE

DATE	OPPONENT	TIME
Fri., Sept. 1	Western Conn. State Univ.	5 p.m.
Sun., Sept. 3	Emerson College	Noon
Wed., Sept. 6	@ Worcester State College	7 p.m.
Sat., Sept. 9	Hartwick College# @ Oneonta	Noon
Sun., Sept. 10	SUNY-Oneonta#	2:30 p.m.
Sat., Sept. 16	Brandeis University	2:30 p.m.
Tues., Sept. 19	Union College	6 p.m.
Fri., Sept. 22	Springfield College*	7 p.m.
Tues., Sept. 26	@ Keene State College	6:30 p.m.
Sat., Sept. 30	@ Wellesley College*	1 p.m.
Tues., Oct. 3	Mass. Institute of Technology*	6:30 p.m.
Sat., Oct. 7	@ Mount Holyoke	1 p.m.
Tues., Oct. 10	Worcester Polytechnic Inst.*	6:30 p.m.
Sat., Oct. 14	@ Wheaton College*	1 p.m.
Tues., Oct. 17	@ Smith College*	3:30 p.m.
Sat., Oct. 21	Babson College*	1 p.m.
Tues., Oct. 24	Coast Guard Acad.*	6 p.m.
Sat., Oct. 28	NEWMAC Quarterfinals	TBA
Sat., Nov. 4	NEWMAC Semifinals	TBA
Sun., Nov. 5	NEWMAC Finals	TBA

*NEWMAC Game • # Mayor's Cup Tournament at Oneonta
Home Games in Bold

ALUMNI GAME (Noon - 1 p.m.)
SEPTEMBER 16, 2006
*Luncheon to follow

WOMEN'S SOCCER VS
BRANDEIS
2:30 PM

"DON'T HIDE YOUR PRIDE!"



Friends of Clark Women's Soccer has been formed under the umbrella of Friends of Clark Athletics. If you are interested in supporting the women's soccer team and would like more information, please contact Head Coach Joe Brady.

Design your Clark University apparel today! Visit www.clarku.edu/athletics and click on above link for more info.

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