

Curriculum Vita

Michael E. Addis, Ph.D.

Professor
Chair
Department of Psychology
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Education

<u>Years</u>	<u>University attended</u>	<u>Degree</u>	<u>Major</u>
1983-1985	University of California, Los Angeles		Psychology
1985-1987	University of California, Berkeley	B.A.	Psychology
1988-1995	University of Washington	Ph.D.	Clinical Psychology

Positions

5/07 –	Professor, Department of Psychology, Clark University
9/05 –	Chair, Department of Psychology, Clark University
4/01 – 5/07	Associate Professor, Department of Psychology, Clark University
8/95 – 4/01	Assistant Professor, Department of Psychology, Clark University
6/94 – 6/95	Psychology Intern, Department of Psychiatry and Behavioral Sciences, University of Washington
9/92 – 6/95	Project Coordinator on NIMH funded study: “Component Analysis of Cognitive-Behavioral Treatment for Depression” MH44603-06 at the University of Washington

6/89 – 8/92 Research Assistant, Center for Clinical Research, University of Washington

Teaching Awards

Hodgkins Junior Faculty Award (2000). Clark University. Cross-disciplinary award recognizing excellence in both teaching and research.

Oliver and Dorothy Hayden Junior Faculty Fellow (1998). Clark University. Cross-disciplinary award presented to one assistant professor for excellence in teaching and research.

Research Awards

David Shakow Early Career Award (2003). Society of Clinical Psychology, American Psychological Association (APA, Division 12). Awarded for early career contributions to the science and practice of clinical psychology.

Researcher of the Year Award (2003). Society for the Psychological Study of Men and Masculinity, American Psychological Association (APA Division 51).

President's New Researcher Award (1998). Awarded by the Association for the Advancement of Behavior Therapy.

Other Awards and Honors

Fellow, Division 51, American Psychological Association

President-Elect, Division 51, American Psychological Association

Exceptional Merit: (1997, 1999, 2001, 2003, 2005, 2007). Clark University

Graduated with Honors (1987). University of California, Berkeley

Ned Wagner Memorial Travel Award (1989, 1990). Awarded by the Psychology Department, University of Washington.

Research Grants

Principal Investigator: National Institute of Mental Health Exploratory/Developmental Grant #R34 MH073073. Men's Service Use for Depression and Anxiety Disorders
1/1/05 – 12/31/08: \$435,000

Principal Investigator: National Institute of Mental Health FIRST Award # R29 MH 59778-01. Effectiveness of Panic Control Therapy in a Managed Care Setting
12/97 – 11/02: \$350,000.

Principal Investigator: Clark University Faculty Development Award
Individual Differences in Reaction to Insight versus Activation Oriented Treatments
11/95 – 11/96: \$1,775.00

Principal Investigator: Clark University Faculty Development Award
A Survey of Practitioners' Attitudes Towards Manual-Based Psychotherapies
5/97 – 5/98: \$1,500.00

Principal Investigator: Clark University: Frances Hiatt Award
Effectiveness of Panic Control Therapy in a Managed Care Setting
6/97 – 9/97: \$2,000.00

Principal Investigator: NIMH Predoctoral Research Fellowship #MH10697-01
Reasons for Depression and Response to Cognitive Therapy
\$11,800.00 (Awarded 1994, declined to accept funding due to time delays at NIMH)

Professional Organizations

Association for Behavioral and Cognitive Therapies
American Psychological Association
Division 12, Division 51
Society for the Science of Clinical Psychology

Published Articles

Mansfield, A.M., Addis, M.E., Cordova, J.C., Dowd, L. (in press). Emotional skillfulness as a key mediator of aggression. *Journal of Aggression Maltreatment and Trauma*.

Magovcevic, M.M. & Addis, M.E. (2008). The Masculine Depression Scale: Development and Psychometric Evaluation. *Psychology of Men and Masculinity*, 9, 117-132.

Moore, T.M., Stuart, G.L., McNulty, J.K., Addis, M.E., & Cordova J.V (2008). Domains of Masculine Gender Role Stress and Intimate Partner Violence. *Psychology of Men and Masculinity*, 9, 82-89.

Addis, M.E. (2008). Gender and Depression in Men. *Clinical Psychology: Science and Practice*, 15, 153-168.

Whorley, M., & Addis, M.E. (2007). Influence of Scholarly Productivity Expectations on Graduate Training in Clinical Psychology. *Clinical Psychology: Science and Practice*, 14, 172-174.

- Addis, M. E., Cardemil, E., Cordova, J. V., Dowd, L. S., Hildebrandt, T., Jakupcak, M. et al. (2007). Men's mental and physical health: New directions in ABCT. *The Behavior Therapist, 30*, 36-44.
- Whorley, M., & Addis, M. E. (2006). Ten years of research on the psychology of men and masculinity in the United States: Methodological trends and critique. *Sex Roles, 55*, 649-658.
- Dimidjian, S., Hollon, S. D., Dobson, K. S., Schmalings, K. B., Kohlenberg, R. J., Addis, M. E., et al. (2006). Randomized trial of behavioral activation, cognitive therapy, and antidepressant medication in the acute treatment of adults with major depression. *Journal of Consulting and Clinical Psychology, 74*, 658-670.
- Addis, M. E., Hatgis, C., Cardemil, E., Jacob, K., Krasnow, A. D., & Mansfield, A. (2006). Effectiveness of cognitive behavioral treatment for panic disorder versus treatment as usual in a managed care setting: Two year follow-up. *Journal of Consulting and Clinical Psychology, 74*(2), 377-385.
- Lane, J. M., & Addis, M. E. (2005). Male gender role conflict and patterns of help seeking in Costa Rica and the United States. *Psychology of Men and Masculinity, 6*, 155-168.
- Addis, M. E., & Cohane, G. H. (2005). Social scientific paradigms of masculinity and their implications for research and practice in men's mental health. *Journal of Clinical Psychology, 61*, 1-15.
- Mansfield, A. K., Addis, M. E., & Courtenay, W. (2005). Measurement of men's help seeking: Development and evaluation of the barriers to help seeking scale. *Psychology of Men and Masculinity, 6*, 95-108.
- Magovcevic, M., & Addis, M. E. (2005). Linking gender role conflict to non-normative and self-stigmatizing perceptions of alcohol abuse and depression. *Psychology of Men and Masculinity, 6*, 127-136.
- Lane, J., & Addis, M. E. (2004). Pros and cons of educational technologies as methods for disseminating evidence-based treatments. *Clinical Psychology: Science and Practice, 11*, 336-338.
- Thwaites, R., Dagnan, D., Huey, D., & Addis, M. E. (2004). The Reasons For Depression Questionnaire (RFD): UK standardization for clinical and non-clinical populations. *Psychology and Psychotherapy: Theory Research and Practice, 77*, 363-374.
- Addis, M. E., Hatgis, C., Krasnow, A. D., Jacob, K., Bourne, L., & Mansfield, A. (2004). Effectiveness of cognitive-behavioral treatment for panic disorder versus treatment as usual in a managed care setting. *Journal of Consulting and Clinical Psychology, 72*, 625-635.

- Mansfield, A. K., Addis, M. E., Laffel, L. M. B., & Anderson, B. J. (2004). Gender differences in reports of self-reliance in responsibility sharing for diabetes tasks. *International Journal of Men's Health, 3*, 61-66.
- Addis, M. E. (2004). Teaching an advanced undergraduate and graduate level seminar in the psychology of men and masculinity, *Society for the Psychological Study of Men and Masculinity Bulletin, 10*, 1.
- Magovcevic, M., & Addis, M. E. (2003). Review of Albert Ellis' "New directions for Rational Emotive Behavior Therapy: Overcoming destructive beliefs, feelings, and behaviors." *The Behavior Therapist, 26*, 412-413.
- Mansfield, A. K., & Addis, M. E. (2003). Why won't he go to the doctor?: The psychology of men's help-seeking. *International Journal of Men's Health, 2*, 93-109.
- Addis, M. E., & Mahalik, J. R. (2003). Gli uomini, la mascolinita' e I contesti della richiesta d' aiuto. *Bollettino Di Psicologia Applicata, 241*, 3-15.
- Addis, M. E., & Mahalik, J. R. (2003). Men, masculinity, and the contexts of help-seeking. *American Psychologist, 58*, 5-14.
- Iselin, M. G., & Addis, M. E. (2003). Effects of etiology on perceived helpfulness of treatments for depression. *Cognitive Therapy and Research, 27*, 205-222.
- Addis, M. E. (2002). Methods for disseminating research products and increasing evidence based practice: Promises, obstacles, and future directions. *Clinical Psychology: Science and Practice, 9*, 381-392.
- Addis, M. E., & Waltz, J. (2002). Implicit and untested assumptions about the role of psychotherapy treatment manuals in evidence based mental health practice. *Clinical Psychology: Science and Practice, 9*, 435-438.
- Davis, M. J., & Addis, M. E. (2002). Treatment expectations, experiences, and mental health functioning predict attrition status in behavioural medicine groups. *Irish Journal of Psychology, 23*, 37-51.
- Doerfler, L. A., Addis, M. E., & Moran, P. W. (2002). Evaluating mental health outcomes in an inpatient setting: Convergent validity of the oq-45 and basis-32. *Journal of Behavioral Health Services & Research, 29*, 394-403.
- Addis, M. E., & Zamudio, T. (2001). Systemic and clinical considerations in psychosocial treatment dissemination: An example of empirically supported treatment for a gay couple. *The Behavior Therapist, 24*, 151-154.
- Mansfield, A. K., & Addis, M. E. (2001). Manual-based psychotherapies in clinical practice Part 1: Assets, liabilities, and obstacles to dissemination. *Evidence Based Mental Health, 4*, 68-69.

- Mansfield, A. K., & Addis, M. E. (2001). Manual-based treatment Part 2: The advantages of manual-based practice in psychotherapy. *Evidence Based Mental Health, 4*, 100-101.
- Hatgis, C., Addis, M. E., Zaslavsky, I., Jacob, K., Krasnow, A. D., DuBois, D. et al. (2001). Cross-fertilization vs. transmission: Recommendations for developing a bi-directional approach to psychotherapy dissemination research. *Applied and Preventive Psychology: Current Scientific Perspectives, 10*, 37-49.
- Carpenter, K. M., & Addis, M. E. (2001). Alexithymia and patterns of help-seeking for depression. *Sex Roles, 43*, 363-378.
- Addis, M. E., & Carpenter, K. M. (2000). The treatment rationale in cognitive-behavioral therapy: Psychological mechanisms and clinical guidelines. *Cognitive and Behavioral Practice, 7*, 147-156.
- Addis, M. E., & Hatgis, C. (2000). Values, practices, and the utilization of empirical critiques in the clinical triad. *Clinical Psychology: Science and Practice, 7*, 120-124.
- Addis, M. E., & Jacob, K. (2000). On the process and outcome of graduate training in clinical psychology: Where do we want to go, how will we get there, and who will join us? *Clinical Psychology: Science and Practice, 7*, 364-367.
- Addis, M. E., & Jacobson, N. S. (2000). A closer look at the treatment rationale and homework compliance in cognitive therapy for depression. *Cognitive Therapy and Research, 24*, 313-326.
- Addis, M. E., & Krasnow, A. D. (2000). A national survey of practicing psychologists' attitudes towards psychotherapy treatment manuals. *Journal of Consulting and Clinical Psychology, 68*, 331-339.
- Addis, M. E., & Carpenter, K. M. (1999). Why, why, why?: Reason-giving and rumination as predictors of response to activation and insight oriented treatment rationales. *Journal of Clinical Psychology, 55*, 881-894.
- Addis, M. E., Hatgis, C., Soysa, C., Zaslavsky, I., & Bourne, L. S. (1999) The dialectics of manual-based psychotherapy. *The Behavior Therapist, 22*, 130-132.
- Addis, M. E., Wade, W., & Hatgis, C. (1999). Barriers to evidence based practice: Addressing practitioners' concerns about manual based psychotherapies. *Clinical Psychology Science and Practice, 6*, 430-441.
- Davis, M. J., & Addis, M. E. (1999) Predictors of attrition from behavioral medicine treatments. *Annals of Behavioral Medicine, 21*, 1-12.
- Fulton, S. K., & Addis, M. E. (1998). The importance of assessing patients' theories about depression. *Understanding Stress Anxiety and Depression, 2*, 29-32.
- Addis, M. E. (1997). Evaluating the treatment manual as a means of disseminating empirically validated psychotherapies. *Clinical Psychology: Science and Practice, 4*, 1-11.

- Addis, M. E., & Carpenter, K. M. (1997). Treatment manuals and the future of behavior therapy. *The Behavior Therapist, 20*, 53-55.
- Addis, M. E., & Jacobson, N. S. (1996). Reason-giving and the process and outcome of cognitive-behavioral psychotherapies. *Journal of Consulting and Clinical Psychology, 64*, 1417-1424.
- Jacobson, N. S., Dobson, K. S., Truax, P. A., Addis, M. E., Koerner, K., Gollan, J. K. et al. (1996). A component analysis of cognitive behavioral treatment for depression. *Journal of Consulting and Clinical Psychology, 64*, 295-304.
- Addis, M. E., Truax, P., & Jacobson, N. S. (1995). Why do people think they are depressed?: The reasons for depression questionnaire. *Psychotherapy, 32*, 476-483.
- Cordova, J. V., & Addis, M. E. (1995). Adopting and defending an explanatory system: How and by what criteria? *The Behavior Therapist, 18*, 38-39.
- Addis, M. E. (1993). Learning in the trenches: A student's perspective on the radical vs. cognitive debate. *The Behavior Therapist, 16*, 55-56.
- Jacobson, N. S., & Addis, M. E. (1993). Couples therapy: What do we know and where are we going?. *Journal of Consulting and Clinical Psychology, 61*, 85-93.
- Waltz, J., Addis, M., Koerner, K., & Jacobson, N. S. (1993). Testing the integrity of a psychotherapy protocol: Assessing therapist adherence and competence. *Journal of Consulting and Clinical Psychology, 61*, 620-630.
- Addis, M. E., & Jacobson, N. S. (1991). Integration of cognitive therapy and behavioral marital therapy for depression. *Journal of Psychotherapy Integration, 4*, 249-264.

Published Books

- Addis, M.E. & Martell, C.R. (2008). Opverkind depression et skridt ad gangen. (Danish translation of *Ending Depression one step at a time.*). Tryk: Naranya Press.
- Addis, M.E., & Martell, C.R. (2007). *Ta makten over depressionen steg for steg.* (Swedish translation of *Ending Depression one step at a time.*). Stockholm: Natur & Kultur.
- Addis, M. E., & Martell, C. R. (2004). *Ending depression one step at a time: The new behavioral activation approach to getting your life back.* Oakland: New Harbinger.
- Martell, C. R., Addis, M. E., & Jacobson, N. S. (2001). *Depression in context: Strategies for guided action.* New York: Norton.

Published Book Chapters

- Dimidjian, S., Martell, C.R., Addis, M.E., & Herman-Dunn, R. (2008). Behavioral activation in the treatment of major depressive disorder. In D. H. Barlow (Ed.). *Clinical Handbook of Psychological Disorders*, 4th Edition. (pp. 328-364). NY: Guilford Press.

- Weisz, J. R., & Addis, M. E. (2006). The research-practice tango and other choreographic challenges: Using and testing empirically-supported psychotherapies in clinical care settings. In C. D. Goodheart, A. E. Kazdin, & R. J. Sternberg (Eds.), *The evidence for psychotherapy* (pp. 179-206). Washington, DC: American Psychological Association.
- Addis, M. E., & Cardemil, E. (2005). Psychotherapy manuals can improve outcomes. In J. Norcross, L. E. Beutler, & R. Levant (Eds.), *Evidence-Based practices in mental health: Debate and dialogue on the fundamental questions* (pp. 131-139). Washington, D.C.: American Psychological Association
- Martell, C. R., Addis, M. E., & Dimidjian, S. (2004). Finding the action in behavioral activation: The search for empirically-supported interventions and mechanisms of change. In S. C. Hayes, V. M. Follette, & M. M. Linehan (Eds.), *Mindfulness and acceptance: Expanding the cognitive-behavioral tradition* (pp. 152-166). New York: Guilford.
- Addis, M. E. (2000). Graduate training in Boulder model clinical psychology programs: The evolving tension between science and practice. In S. Soldz & L. M. Vaillant (Eds.), *Reconciling empirical knowledge and clinical experience: The art and science of psychotherapy* (pp. 51-66). New York: APA Press.
- Addis, M. E. (1997). Brief psychotherapies. In D. L. Dunner (Ed.), *Current psychiatric therapy II* (pp. 570-575). Philadelphia, PA: W.B. Saunders.
- Carr, J., & Addis, M. E. (1997). Specific and social phobia. In D. L. Dunner (Ed.), *Current psychiatric therapy II* (pp. 316-321). Philadelphia, PA: W.B. Saunders
- Addis, M. E., & Koerner, K. (1993). Brief psychotherapies. In D. L. Dunner (Ed.), *Current psychiatric therapy* (pp. 499-504). Philadelphia, PA: W.B. Saunders.
- Linehan, M. M., Miller, M., & Addis, M. E. (1989). Dialectical behavior therapy for borderline personality disorder: Practical guidelines. *Innovations in Clinical Practice: A Sourcebook*.

Papers Presented

- Whorley, M.R. & Addis, M.E. (2008, August). Increasing self-disclosure of distress in recently unemployed men: A written intervention. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Magovcevic, M. & Addis, M.E. (2008, August). The Masculine Depression Scale. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Mansfield, A.K. & Addis, M.E. (2008, August). Emotion skills matter: Predictors of Aggression in men and implications for treatment. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.

- Lane, J.M. & Addis, M.E. (2008, August). The men's depression workshop: Treatment development and feasibility. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Syzdek, M. & Addis, M./E. (2008, August). Gender and cognitive diatheses to depression in unemployed men. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Moore, T.M., Stuart, G.L., McNulty, J.K., Addis, M.E., & Cordova J.V. (2007, November). *Intimate partner violence and masculinity: Validation of the masculine gender role stress scale in a sample of men mandated to violence intervention programs*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, P.A.
- Syzdek, M.R., Green, J.O. & Addis, M.E. (2007, August). *Integrating Basic Psychopathology Models and Methods into the Study of Depression in Men*. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Addis, M. E., Whorley, M., & Cohane, G. (2006, August). *Dissolving uniformity myths about depression in men*. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Hatgis, C., & Addis, M. E. (2006, August). *Therapists' ideas and feelings about therapy: The model of treatment questionnaire*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Whorley, M. R., & Addis, M. E. (2006, August). *Adherence to masculinity norms and self-disclosure of emotional distress in men*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Addis, M. E. (2005, November). *Applying empirically supported treatments to complex cases: Clinical, ethical, and empirical considerations*. Panel discussion presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Addis, M. E. (2005, August). *Research on men and depression: Where are we and where should we be going?* Paper presented at the annual meeting of the American Psychological Association, Washington, DC.
- Addis, M. E. (2005, August). *Men and depression: New findings, new questions*. Discussant on Symposium conducted at the annual meeting of the American Psychological Association, Washington, DC.
- Cohane, G. H., & Addis, M. E. (2005, August). *Male role norms, avoidant coping and externalizing problems in boys*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

- Whorley, M. R., Alapatt, N., & Addis, M. E. (2005, August). *Methodological trends in masculinity research: A 10-Year retrospective*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Addis, M. E. (2004, August). *Masculinity as context and consequences*. Panel discussion presented at the annual meeting of the American Psychological Association. Honolulu, HI.
- Addis, M. E., & Lane, J. (2004, August). *Men and mental health services: New directions in marketing and treatment*. Symposium presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Magovcevic, M., & Addis, M. E. (2004, August). *Gender role conflict, self-stigma, non-normativeness, and perception of health problems*. Paper presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Addis, M. E. (2003, November). Discussant on symposium: *Assessment and treatment of posttraumatic stress disorder in the New York City Community Following 9/11: The interplay of science and practice*. (J.T. Levitt, & E.J. Brown, Chairs). Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Jacob, K. L., & Addis, M. E. (2003, November). *Toward understanding the process of change in psychotherapy: A closer look at the relationship between client-therapist congruence and treatment outcome*. Presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Dimidjian, S., Hollon, S., Dobson, K., Schmaling, K., Kohlenberg, B., McGlinchey, J., Markley, D., Atkins, D., Addis, M. E., & Dunner, D. (2003, November). *Behavioral activation, cognitive therapy, and antidepressant medication in the treatment of major depression: Design and acute phase outcomes*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Addis, M. E. (2003, August). Discussant on symposium: *Gender role conflict research...Innovative uses, applications and directions* (A. Rochlen, Chair). Presented at the annual meeting of the American Psychological Association, Toronto, Canada
- Lane, J. M., & Addis, M. E. (2003, August). *Gender role conflict and men's self-disclosure about substance abuse and depression*. Presented at the annual meeting of the American Psychological Association, Toronto, Canada
- Mansfield, A. K., Addis, M. E., & Courtenay, W. (2003, August). *Men's barriers to seeking help for a physical problem*. Presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Magovcevic, M., & Addis, M. E. (2003, August). *Men, gender role conflict, and*

- perceptions of problems in living*. Presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Magovcevic, M., & Addis, M. E. (2002, November). *Sex differences in therapist goal orientation in treatment of patients with panic disorder*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Addis, M. E. (2002, November). *Treatment rationales, treatment preferences and the context of problem construction in cognitive behavioral psychotherapies*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Jacob, K., Mansfield, A., Mullin, B., Robertson, L., & Addis, M. E. (2002, November). *Therapist adherence to an EST for panic disorder in a managed care setting*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Dobson, K. S., Coffman, S. J., Martel, C. R., Hollon, S. D., & Addis, M. E. (2002, November). *Behavior activation and CBT in action: Clinical and conceptual similarities and differences in depressed responders and nonresponders to treatment*. Panel discussion presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Mullin, B., & Addis, M. E. (2002, November). *The effects of goal setting and client expectations on attrition*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Addis, M. E. (2001, November). *Debunking the art of psychotherapy*. Panel presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Addis, M. E. (2001, November). *Training master's level clinicians in cognitive behavioral interventions*. Panel presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Addis, M. E. (2001, November). *Approaches to defining and measuring "Treatment as Usual."* Panel presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Addis, M. E. (2001, November). *Fish out of water: Behavior therapy and research in nonbehavioral settings*. Panel presentation at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Addis, M. E. (2001, July). *Behavioral activation treatment for depression*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, B.C.

- Addis, M. E. (2000, November). *Methods for disseminating research products and increasing evidence based practice: Promises, obstacles, and future directions*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Addis, M. E. (2000, August). *Sharpening the focus on science-practice relationships in graduate training*. Paper presented at the annual meeting of the American Psychological Association, Washington, DC.
- Carpenter, K. M., Addis, M. E., Bourne, L. S., & Fearing, M. (2000, November). *Treatment effectiveness and acceptability of written self-disclosure in a behavioral medicine population*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Iselin, M. G., & Addis, M. E. (2000, August). *Undergraduates' and clients' depression treatment helpfulness assessments*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Addis, M. E. (1999, November). *Behavioral activation: A functional analytic contextual treatment for depression*. Clinical roundtable presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Addis, M. E., & Hatgis, C. (1999, November). *Effectiveness of panic control therapy: Training master's level social workers in a managed care setting*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Addis, M. E. (1999, November). *Applied issues in teaching and learning manualized empirically supported treatments*. Panel discussion presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Addis, M. E. (1999, August). *Current and future challenges for psychotherapy researchers*. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Iselin, M. G., & Addis, M. E. (1999, November). *Patients' assessments of depression treatment helpfulness as a function of etiological congruence*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario.
- Addis, M. E. (1998, November). *Issues in transporting an empirically supported psychotherapy to clinical practice: An example of panic control therapy in a managed care setting*. Paper Presented at the Annual Conference of the Aaron T. Beck Institute for Cognitive Studies at Assumption College, Worcester, MA.
- Addis, M. E. (1998, November). *Clinical significance of what and to whom: Current and future challenges for psychotherapy researchers*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

- Addis M. E. (1998, November). *Supervision in clinical training and outcome settings*. Panel discussion at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Addis, M. E., & Krasnow, A. D. (1998, November). *A national survey of practitioners' attitudes towards psychotherapy treatment manuals*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Carpenter, K. M., Addis, M. E., Cammarrata, R., Land, M., & Jacobson, N. S. (1998, November). *What happens when clients and therapists discuss the treatment rationale?: An example from BA therapy for depression*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Carpenter, K. M., Addis, M. E., & Hatgis, C. (1998, August). *Alexithymia as a mediator between perceived parental rejection and current relationships*. Poster presented at the American Psychological Association's annual convention, San Francisco, CA.
- Addis, M. E., & Carpenter, K. M. (1998, April). *Reason-giving and rumination predict response to activation and insight oriented treatment rationales*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Carpenter, K. M., & Addis, M. E. (1998, April). *Remembering Mom: The role of expressing emotion in the relationship between childhood and adult attachment styles*. Presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Fulton, S. K., Laird, J. L., & Addis, M. E. (1998, April). *World hypotheses and reasons for depression*. Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.
- Fulton, S. K., & Addis, M. E. (1998, August). *A functional contextualist perspective on morally evaluative talk about depression*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Addis, M. E., & Jacobson, N. S. (1997, November). *A closer look at the treatment rationale and homework compliance in cognitive-behavioral therapy for depression*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Addis, M. E. (1996, November). *Empirically validated manual-based treatments in clinical practice: Questions, answers, and more questions*. Chaired Symposium at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
- Addis, M. E. (1996, November). *Psychotherapy 2000: What will be the impact of managed care on patients and therapists?* Plenary paper presented at the Kurt Almer Research Symposium, Albany, New York.

- Addis, M. E. (1996, November). *Stranger in a strange land: Helping treatment manuals make the transition from research to practice*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
- Carpenter, K. M., & Addis, M. E. (1996, November). *When depressed people don't seek therapy: Alexithymia and help-seeking behavior*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
- Addis, M. E. (1994, November). *Why am I depressed? Reasons for depression and differential response to treatment*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.
- Addis, M. E., Truax, P., & Jacobson, N. S. (1991, November). *Reasons for depression and response to cognitive therapy*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
- Addis, M. E., Truax, P., Waltz, J., & Jacobson, N. S. (1990, November). *The reasons for depression questionnaire: Psychometric properties*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, San Francisco, CA.
- Addis, M. E., & Linehan, M. (1989, November). *Psychometric properties of the suicidal behaviors questionnaire*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

Workshops and Colloquia

- Addis, M.E. (2008, April). *Science and silence: The challenge of men's well-being in the new millenium*. Keynote address to the Graduate Student Conference at Clark University. Worcester, MA.
- Integrating Mental Health into Stewardship (2007, March). Workshop presented to the annual meeting of the Rural Letter Carrier's Association
- O'Neil, J., Kilmartin, C., Addis, M. E., & Mahalik, J. R. (2006, August). *Teaching the psychology of men*. Presented at the annual meeting of the American Psychological Association. Washington, DC.
- Addis, M. E. (2006, February). *From evidence-based practice to men's mental health and back: A research journey*. Invited colloquium presented at the Department of Psychology, Harvard University.
- O'Neil, J., Kilmartin, C., Addis, M. E., Mahalik, J. R., & Rabinowitz, F. (2005, August). *Teaching the psychology of men*. Presented at the annual meeting of the American Psychological Association, Washington, DC.

- Addis, M. E. (2005). *Gender and men's mental health*. Invited colloquium at Massachusetts General Hospital, Harvard Medical School, Charlestown.
- O'Neil, J., Kilmartin, C., & Addis, M. E. (2004). *Teaching the psychology of men*. Presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- Martell, C. R., Addis, M. E., & Dimidjian, S. (2004). *Behavioral activation treatment for depression*. Clinical workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Martell, C. R., & Addis, M. E. (2002). *Behavioral activation as a contextual treatment for depression*. Clinical workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Martell, C. R., & Addis, M. E. (2001). *Behavioral activation as a contextual treatment for depression*. Clinical workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Addis, M. E. (2000). *Disseminating research to clinical practice: Empirically supported treatment for panic disorder in a managed care setting*. Grand Rounds Presentation to the University of Massachusetts Medical School, Worcester, MA.
- Addis, M. E. (1999). *The relevance of treatment outcome research to clinical practice*. Guest lecture presented in the Department of Counseling Psychology, Boston College.
- Addis, M. E. (1998). *Cognitive-Behavioral treatment of depression*. Guest Lecture at the Department of Psychiatry, University of Massachusetts Medical School, Worcester, MA.
- Addis, M. E. (1997). *Multiple voices, multiple explanations: The role of explanatory repertoires in the brief psychotherapy for depression*. Colloquium presented in the Department of Psychology, University of North Dakota, Fargo.
- Addis, M. E. (1994). *Integration of interpersonal and behavioral treatment for dysthymia: A case presentation*. Colloquium presented at the Psychological Services and Training Center, University of Washington, Seattle, WA.
- Addis, M. E. (1995, March). *Conceptualizing the process of change in short-term psychotherapy with psychiatric inpatients*. Colloquium presented in the Department of Psychology, Clark University, Worcester, MA.
- Addis, M. E. (1995, March). *Reasons for depression and the process and outcome of cognitive and behavioral treatments*. Colloquium presented in the Department of Psychology, Clark University, Worcester, MA.
- Addis, M. E. (1991, November). *Matching clients to treatments: Clinical and research issues*. Organized and chaired symposium at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
- Addis, M. E. (1989). *Behavioral treatment of panic disorder and generalized anxiety: A case presentation*. Colloquium presented at the Psychological Services and Training Center, University of Washington, Seattle, WA.

Waltz, J. & Addis, M. E. (1991). *Dialectical behavior therapy for borderline personality disorder*. Workshop presented at Columbia River Mental Health Center, Vancouver, WA.

Editorial Experience

Editorial Board:

Clinical Psychology: Science and Practice (10/99 – present)
Psychology of Men and Masculinity (3/02 - present)

Invited reviewer for the following journals:

Behavior Therapy
Cognitive Therapy and Research
The Clinical Psychologist
Clinical Psychology: Science & Practice
Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Suicide and Life Threatening Behavior
Behavior Research and Therapy
Journal of Clinical Psychology
Journal of Behavior Therapy and Experimental Psychiatry
Applied and Preventive Psychology
The Behavior Therapist
Psychological Assessment
Psychology of Men and Masculinity

Courses Taught

Undergraduate

Introduction to Clinical Psychology
 Psychology of Learning
 Research in Psychotherapy
 Psychology of Men and Masculinity
 Introduction to Psychology

Graduate

Graduate Assessment and Measurement
 2nd year Psychotherapy Practicum
 1st year Interviewing Practicum
 Psychotherapies
 Ethics

Clinical Positions

Clinical Supervisor - Department of Psychology, Clark University (1995-present). Individual and group supervision of clinical psychology graduate students.

Psychology Intern - University of Washington Department of Psychiatry, University Hospital, & Department of Rehabilitation Medicine (1994 - 1995). Conducted individual cognitive behavioral, group, and couples therapy for anxiety, mood, substance abuse, and a variety of other disorders. Also worked in consultation with physicians to provide psychological treatment for patients recovering from spinal cord injuries and multiple sclerosis.

Staff Therapist - Psychological Services and Training Center (1988 - 1994). Conducted individual and couples outpatient psychotherapy with a variety of clients. Received hour for hour supervision in cognitive, behavioral, psychodynamic, and interpersonal therapy for mood, anxiety, and a range of personality disorders.

Staff Therapist - Suicidal Behaviors and Research Clinic (1989 - 1991). Trained in and conducted individual Dialectical Behavior Therapy with chronically parasuicidal patients meeting criteria for Borderline Personality Disorder, under the supervision of Marsha Linehan, Ph.D.

Marital Therapy Practicum Member (1991-1993). Trained in and conducted behavioral marital therapy under the supervision of Neil Jacobson, Ph.D.

University and Departmental Service

University:

Department Chair
 Faculty Compensation Committee
 Environmental Committee
 Human Subjects Committee
 Drug and Alcohol Task Force
 Speaker at Open Houses and Trustee's Meetings
 Speaker to admitted presidential scholars
 Committee on Personnel

Departmental:

Clinical Training Committee
 Associate Chair of Graduate Studies
 Graduate Curriculum Committee
 Director of Clinical Training