WHAT CAN I COMPOST?
Its simple, just ask “Was it ever alive or made from something alive”?

ALL food
for example:
- All fruits & vegetables
- All meat & bones
- All dairy products
- All baked goods & grains
- Leftover take out
- Coffee grounds & filters
- Teabags / loose leaf tea
- Pizza crusts
- Expired jam & jelly & whatever
- Spoiled yogurt
- Rice
- Pasta
- Cookies, muffins, protein bars
- Nuts, seeds, popcorn kernels
- Chips / crackers
- Tofu / tempeh
- Cereal / oatmeal
- Eggshells
- Stale candy
- Bread

Non-food items
Including:
- Paper soda cups
- Coffee cups (recycle the lids)
- Cardboard take-out containers
- Toothpicks
- Q-tips (not plastic ones)
- Cotton balls & pads
- Dryer lint
- Hair & nail clippings
- Paper napkins / paper plates
- Paper towels / tissues
- Wool yarn
- Newspaper
- Foody greasy paper like sub wraps
- Old masking tape
- Plants & leaves & dirt
- Bistro utensils = Greenware
- Egg cartons
- Pencil shavings
- Paper bags
- Pizza boxes / cereal boxes

Look for Compost Bins in:
- Residence Halls
- University Center
- Academic Commons
- Bickman Fitness Center
- Student Engagement Center

Can’t compost it?
Please Recycle:
- Clean paper
- Plastics #1 – 7
- Glass
- Metal

Want to share this Compost cheat-sheet?
Check out: Sustainable Clark online