

LYME DISEASE SYMPTOM CHECKLIST

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|--|---|---|
| 1. Tick bite (deer tick or dog tick)..... | Y | N |
| 2. Rash or skin irregularities at bite site..... | Y | N |
| 3. Rashes in other places..... | Y | N |
| 4. Unexplained fevers..... | Y | N |
| 5. Unexplained chills..... | Y | N |
| 6. Unexplained weight change (loss or gain)..... | Y | N |
| 7. Severe fatigue unrelieved by rest..... | Y | N |
| 8. Swelling around the eyes..... | Y | N |
| 9. Swollen glands..... | Y | N |
| 10. Sore throat..... | Y | N |
| 11. Upset stomach, abdominal pain (especially in children)..... | Y | N |
| 12. Loss of appetite..... | Y | N |
| 13. Change in bowel function (constipation, diarrhea)..... | Y | N |
| 14. Chest pain..... | Y | N |
| 15. Shortness of breath, cough..... | Y | N |
| 16. Heart palpitations, pulse skips, heart block..... | Y | N |
| 17. Joint pain or swelling..... | Y | N |
| 18. Muscle pain or cramps..... | Y | N |
| 19. Neck stiffness, neck creaks and cracks..... | Y | N |
| 20. Stiffness of the joints or back..... | Y | N |
| 21. Headache..... | Y | N |
| 22. Confusion, difficulty in thinking..... | Y | N |
| 23. Difficulty with concentration or reading..... | Y | N |
| 24. Decreased short term memory..... | Y | N |
| 25. Disorientation (getting lost, going to wrong place, misplacing things)..... | Y | N |
| 26. Difficulty with speech (difficulty finding words, stammering, slurring)..... | Y | N |
| 27. Mood swings, irritability, depression, panic attacks..... | Y | N |
| 28. Disturbed sleep: too much, too little, early awakening..... | Y | N |
| 29. Tingling, numbness, pain, burning or stabbing sensations..... | Y | N |
| 30. Twitching of the face or other muscles..... | Y | N |
| 31. Facial paralysis (Bell's palsy)..... | Y | N |
| 32. Tremor or unexplained shaking..... | Y | N |
| 33. Ears/Hearing: buzzing, ringing, ear pain..... | Y | N |
| 34. Dizziness, poor balance, increased motion sickness..... | Y | N |
| 35. Lightheadedness, wooziness, difficult walking..... | Y | N |
| 36. Eyes: double vision, tunnel vision, blurry, pain, increased floaters..... | Y | N |
| 37. Irritable bladder or urine control problems..... | Y | N |
| 38. Sexual dysfunction or loss of libido..... | Y | N |
| 39. Unexplained sweats, night sweats..... | Y | N |
| 40. Exaggerated symptoms or worse hangover from alcohol..... | Y | N |
| FEMALES ONLY: | | |
| 41. Discharge from breast or galactorrhea..... | Y | N |
| 42. Unexplained menstrual irregularity..... | Y | N |
| MALES ONLY: | | |
| 43. Testicular pain..... | Y | N |

Central Mass Lyme Foundation~www.CentralMassLyme.org
 QUESTIONS? CALL US TOLL FREE AT
 1-888-511-LYME