Study Abroad Health and Disability Management Plan

The Study Abroad Programs Office works with students to support their successful participation on programs abroad. This form initiates a conversation between the student and Office of Study Abroad about the challenges a student may face during their study abroad experience.

Studying abroad can cause normal stress that can exacerbate existing physical or emotional conditions. Disclosing information about your current condition(s), your management plans and how you intend to manage your condition(s) while abroad will help us in assisting you.

Clark-affiliated programs abroad provide reasonable accommodations for our students abroad, but this does not mean that the foreign countries as a whole provide accommodations/medications for people with particular needs. It is important that you are aware of these circumstances during the application process and plan for your needs well beforehand. Applicants are required to return this form signed, but all information given is voluntary. Your study abroad approval status will not be affected by the information you share.

Please answer the following questions as completely and accurately as possible, using extra paper as needed. Please print and return this form in an envelope to maintain confidentiality.

1. Do you have a serious acute illness? If yes, please describe how you manage and function with this condition.

2. Do you have any chronic/recurrent illness? If yes, please describe how you manage and function with this condition.

3. Do you have a history of asthma or any other respiratory ailment? If yes, give details.

4. Are you currently receiving on-going medical treatment for any condition, such as antigen/immunotherapy injections or prescription medication for an allergy? What are your plans for continuing this abroad?

5. University and living facilities in other countries may not meet American standards of accessibility for persons with physical or learning disabilities. Do you have a disability for which you will need accommodation while abroad (such as physical, learning, visual, psychological, communication, etc.)? Please describe the type of accommodation you will need.
6. Are you currently taking any medications? List and give details.

7. Do you have any health requirements or dietary restrictions based upon religion? Explain.

8. Have you been treated by and/or will you need to have access to a psychiatrist, clinical psychologist, drug/alcohol counselor, or other mental health professional? If so, please describe the type of support you have received and/or will need.

9. List any allergies and plans for managing this condition abroad.

10. Is there any other information that you would like to include in your Health Management plan for going abroad?

Please consult with Student Accessibility Services if you would like assistance in devising or approving your accommodation plan.

- The answers and information I have given on this form and any attachments are complete and accurate to the best of my knowledge.
- I hereby authorize the release of my medical records, including mental health record, to the Study Abroad Office. I also authorize the Study Abroad Office to further release any such record that they deem relevant or necessary to the study abroad agents in the country where my study abroad program occurs.

Student Name (print):
Program Name:

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